# THE KITE TRUST FAMILY PROGRAMME



#### FROM SPRING 2025

## FAMILY SATURDAYS & SUNDAYS

When? Once every month on a Saturday or Sunday, 2-4pm, school term time
Where? Cambridgeshire LGBTQ+ Centre, in Ely

What? A session for parents/carers of LGBTQ+ young people to meet, chat, and receive support from The Kite Trust team. Meanwhile, young people will take part in a fun activity session with a youth worker. Who for? Parents/carers and LGBTQ+ young people. Some sessions will be for parents/carers of children age 12 and under, others are for service users of any age.

### MEET 'N' EATS

**When?** Once every month, 6-8pm, school term time

Where? Locations around the county, including Cambridge, Peterborough, Ely, St Neots, Huntingdon, Wisbech and March

What? A family-focused group session - chosen family welcome too! Come along for snacks, chat and fun activities.

Who for? LGBTQ+ young people and any family members who would like to join them. Service users age 12 and under are welcome as long as they are accompanied by an adult.

# PARENT/CARER INDIVIDUAL SUPPORT

Parents/carers of LGBTQ+ young people can book individual support calls with our team, to discuss how you can support your child around their gender and/or sexuality.

#### FAMILY EVENTS

Sign up with The Kite Trust and check our newsletter to see all our upcoming family events throughout the year!

Contact us using the details below.

#### FOR MORE INFORMATION

Email: youthwork@thekitetrust.org.uk

Visit: www.thekitetrust.org.uk

Call: 01223 369508

